Year IV (Year II under current funding cycle) Annual Plan October 2002—September 2003 Kibungo Child Survival Program International Rescue Committee

#### I. Introduction

As outlined in the annual report, the past year of the program has seen a significant increase in the geographic coverage of the program and improvement in a number of indicators, including growth monitoring coverage and obstetric and post-natal coverage. The program has also further strengthened its partnership with local, national, and international partners. However, much work remains to be done.

In the second year, the Child Survival team will work to improve the quality of the expanded activities. IEC and services at both community and health facility level will be particular targets for improvement. For example, the team will work with health districts to increase the use of counseling cards during community growth promotion services, and will increase capacity in post-natal care for health facilities in Rwinkwavu Health District, as part of a national pilot program.

## II. Goal, Objectives, and Strategies

**Goal**: to improve the health and nutritional status of under-five children and women of child-bearing age, and to reduce child and maternal morbidity

### **Objectives:**

- 1. Nutrition
  - 1.1. To increase the proportion of mothers who take vitamin A within a month of delivery
  - 1.2. To increase the proportion of children taking vitamin A every 4 months
  - 1.3. To decrease the proportion of underweight children (below 80% of weightfor-age median)
  - 1.4. To increase the proportion of newborns breastfeeding within an hour of delivery
  - 1.5. To increase the proportion of mothers who take iron for at least a month during pregnancy.

#### 2. Maternal and newborn care

- 2.1. To increase the proportion of mothers with at least 2 recorded TT immunizations for the last pregnancy
- 2.2. To increase the proportion of TBA deliveries that are transferred from community to health facility
- 2.3. To increase the number of cesarean sections at hospitals in Kibungo province
- 2.4. To improve quality of reproductive health care at health centers.

#### 3. Malaria control

- 3.1. To reduce the number of deaths from febrile illness, per year, per 1,000 children under 5
- 3.2. To increase the proportion of children who slept under a correctly impregnated mosquito net last night
- 3.3. To improve quality of malaria case management at the health centers

## **Major Strategies:**

- Build systems to provide appropriate information at community and health facility level to make appropriate health decisions
- Strengthen health centers' delivery of preventive services, using training and the design and implementation of new follow-up systems
- Improve links between community, health centers, and health district, using training and the design and implementation of new supervision and support systems.

# III. Year IV annual plan

Activity	Responsible	О	N	D	J	F	M	A	M	J	J	A	S
Nutrition													
1.1 To increase the proportion of mothers who take vitamin A within a month of delivery													
To make vitamin A available at community growth-promotion sites	Health Center	X	X	X	X	X	X	X	X	X	X	X	X
Refresher training of community nutrition agents regarding new mother vitamin A supplementation	Health District			X			X			X			X
Training of new community nutrition agents regarding new mother vitamin A supplementation	Health District and IRC		X	X		X		X		X		X	
To continue dissemination of key messages regarding new mother vitamin A supplementation through the use of counseling cards and other means	Community health agents and IRC	X	X	X	X	X	X	X	X	X	X	X	X
To reinforce health center staff awareness of this activity through regular health center meetings and trainings	Health District and IRC	X	X	Х	X	Х	X	X	X	X	Х	X	X
To monitor coverage of this activity through health center information and LQAS surveys	Health District and IRC	X	X	X	X	X	X	X	X	X	X	X	X
1.2 To increase the proportion of children tak	ng vitamin A every	7 <b>4</b> 1	noi	nths	<u> </u>								
Please see activities for previous objective													

1.3 To decrease the proportion of underweigh	t children												
To continue to expand geographically community growth promotion activities	Health District and IRC		X	X		X		X		X		X	
To continue to supervise community growth promotion activities to improve quality	Health District and IRC	X	X	X	X	X	X	X	X	X	X	X	X
To continue to expand the scope of growth promotion activities to include cooking demonstrations and home visits	Health centers and IRC	X	X	X	X	X	X	X	X	X	X	X	X
To train IRC staff, district staff, and community agents in pilot Hearth zone	IRC						X						
To expand use of Hearth techniques to rehabilitate malnourished children within the community and to promote community best-practices	Health District and IRC								X		X		
Distribution of vitamin A, mebendazole, and ORS	Health Center	X	X	X	X	X	X	X	X	X	X	X	X
Implement a tracking system to evaluate the effectiveness of transfers from community growth-promotion clinics to nutritional rehabilitation centers	Health District and IRC				X						X		
1.4 To increase the proportion of children bre	astfeeding within a	n ho	our	of o	deli	ver	у						
To integrate this key message into monthly TBA meetings	Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
To integrate this key message into training for new TBAs	Health District		X	X		X		X		X			
To introduce appropriate IEC messages into health animator activities through regular meetings	Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
To reinforce health center staff awareness of this activity through regular health center meetings and post-natal training	Health District, IRC, Division of Reproductive Health	X	X	X	X	X	X	X	X	X	X	X	X
To monitor coverage through health center information and LQAS surveys	Health District and IRC	X	X	X	X	X	X	X	X	X	X	X	X
1.5 To increase the proportion of mothers who	o take iron for at lea	ast a	ı m	ont	h d	urir	ng p	oreg	gnai	ncy			
Training of Trainers in new prenatal consultation methodology	Health District, IRC, Division of Reproductive Health				X								
	пеанн												

Health District and Health Center										X		
Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District				X								
Health District and IRC	X	X	X	X	X	X	X	X	X	X	X	X
recorded TT immur	niza	tio	ns f	or l	ast	pre	gna	anc	y			
Health District and IRC					X	X	X	X	X	X	X	X
Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District and Health Center					X	X	X	X	X	X	X	X
Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District	X	X	X	X	X	X	X	X	X	X	X	X
nunity to health faci	lity	, as	me	easu	irec	l by	TI	3As	S			
Health District and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District, Health Center, and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District	X	X	X	X	X	X	X	X	X	X	X	X
Health District, Health Center, and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Health District and IRC				X		X		X		X		X
Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
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2.3 To increase the number of cesarean section	ns done in hospitals	3											
Activities for 2.2, plus													
To expand the transfer tracking system to insure that transferred women reach health facilities	Health District, Health Center, and IRC				X		X		X		X		X
2.4 Improved quality of reproductive health c	are at health centers	3											
Training of Trainers in new prenatal and post natal consultation methodology	Health District, IRC, Division of Reproductive Health				X								
Training health center staff in goal-oriented prenatal care	Health District and IRC					X	X	X	X	X	X	X	X
Training health center staff in post-natal care	Health District and IRC					X	X	X	X	X	X	X	X
Malaria control													
3.1 Number of deaths from febrile illness, per	year, per 1,000 chi	ldre	en t	ınd	er 5	<u>;</u>							
To track indicator per health center zone, and identify problem areas with health animators, health center staff, and district staff	Health District, Health Center, and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Train health animators in recognition of malaria, pneumonia, and other danger signs	Health Center and IRC	X	X	X	X	Х	X	X	X	X	X	X	X
Community disseminated IEC on recognition of signs of the seriously ill child	Health Center and IRC	X	X	X	X	X	X	X	X	X	X	X	X
Develop transfer tracking system from the community to health center level	Health District, Health Center, and IRC				X								
Activities under 3.2 below													
3.2 Proportion of children who slept under a c	correctly impregnate	ed n	nos	qui	to r	net !	last	nig	ght				
Sale of mosquito nets by health animators	Health Center	X	X	X	X	X	X	X	X	X	X	X	X
Training of health animators on retreatment of bednets	Health Center and IRC						X	X	X	X	X	X	X
Partner with the National Malaria Program to increase the number of pregnant women sleeping under correctly treated mosquito nets	IRC			X									
Support districts to develop systems to insure a regular supply of bednets	IRC	X	X	X	X	X	X	X	X	X	X	X	X

3.3 Improved quality of malaria case manager	ment at the health co	ente	ers										
Development of a monitoring system to track quality indicators at health facilities	Health District, IRC, and National Malaria Program				X	X	X						
Other activities													
Development of a list of emergency signs to trigger outbreak alert for meningitis or cholera	Health District					X		X		X		X	
Training for health animators regarding the list				X	X								
LQAS survey in Rwinkwavu Distrct	Health District and IRC					X							
Follow-up LQAS survey in Kirehe District	Health District and IRC												X
LQAS survey in Kibungo District	Health District and IRC								X				
LQAS survey in Rwamagana District	Health District and IRC										X		
To develop a proposal for a family planning intervention in Kirehe District	IRC and Health District			X	X								
Conduct research to evaluate the effectiveness of the "target-weight" method	IRC									X			